



# INGEBRETSEN'S

1601 East Lake Street  
Minneapolis MN 55407

612 729 9333 / 800 279 9333 / ingebretsens.com  
M-F 9 - 5:30 / Sat 9 - 5 / Sun - Closed

PRSR STD  
U.S.  
POSTAGE PAID  
MPLS, MN  
PERMIT  
NO. 3430



*Our  
Spring Sale!*  
MAY 3-10  
2014

Would you prefer to get this flyer by email? Contact us at [info@ingebretsens.com](mailto:info@ingebretsens.com) and let us know!

*It's Finally Here!*

## INGEBRETSEN'S ANNUAL SPRING SALE

### *Meat Market Specials*

#### Home Smoked Norwegian Salmon

\$9.95 per pound / Reg \$14.95  
Limit 3 pounds

#### \$2 Off Per Pound

Swedish "Potato" Sausage - All Bulk Cheese - Swedish Meatball Mix  
Ham Loaf Mix - Beef Tenderloin Steak  
Choice Ribeye Steak - Loin Back Ribs - Home Smoked Ham

#### Home Smoked Dried Beef

*Extra Special Sale!*  
\$10 per pound / Reg \$14.99

#### Ingebretsen's Pickled Herring

*Extra Special Sale*  
\$3.99 per pint / Reg \$5.49



#### *More of Our Specialties*

Available at Regular Prices

Blood Sausage "Klub" - Swedish Herring - Medister Pølse - Sylte  
Lefse - Middag Pølse - Danish Liver Pate - Rulle Pølse -  
Swedish Anchovies - Fresh Lutefisk - Spekekjøtt (dried meats)



Meat Market Direct 612 729 9331

*Spring Sale Prices advertised in this flyer are good in-store only*

# SALE WEEK'S *VERY* SPECIAL EVENTS



## Saturday, May 3 The Nordic Kitchen

All Day - Demos and displays of some of the cleverest, best designed kitchen tools on the planet! They make being in the kitchen lots more fun and efficient, from food prep to clean-up.

11:00 to 1:00 Learn about the wildly popular kitchen and table linens from Ekelund Weavery in Sweden. Trygve Svard will present a power-point discussion at 11:00 about this 450 year old family-run company, totally committed to sound ecological practices as well as producing a superior – and beautiful - product.

Ekelund linens, kitchen tools and cleaning products are on sale today only.

Sample chocolate "sticky" cake made in our great new pan, and some surprise treats!

## Monday, May 5 Coffee, Tea and Sweet Treats

10:00 to 12:00 Taste our coffee! Peace Coffee, our neighborhood coffee roaster, makes our house blend, Biking Viking. They are a dedicated group, supporting farmers with their commitment to Fair Trade and bringing us all happiness with their delicious coffee.

10:00 to 12:00 Booksigning: Meet Pat Sinclair, author of two wonderful and popular cookbooks: *Classic Scandinavian Baking* and *Classic Scandinavian Desserts*.

12:00 to 4:00 Sweet Swede Sonia serves samples of her fabulous Lingonberry Fudge.

12:00 to 3:00 Taste Swedish Söderblandning Tea (South Stockholm Blend) and Lingonberry preserves served by Dorie Greer of Europa.

Coffee, tea, and various candies on sale today. All day: sweet samples



## Tuesday, May 6 We Love Norway – A 200 Years Celebration! of the signing of Norway's constitution.

Join us for a bite of Kransekake (Celebration) Cake, served at 12:00  
Lefse dogs served from 12:00 to 1:00

9:00 to 1:00 Lois Mueller will bring a wonderful selection of her handcrafted thulite jewelry (Norway's national stone). She'll demonstrate her talent at rosemaling as well, and has some fine pieces of her work to sell.

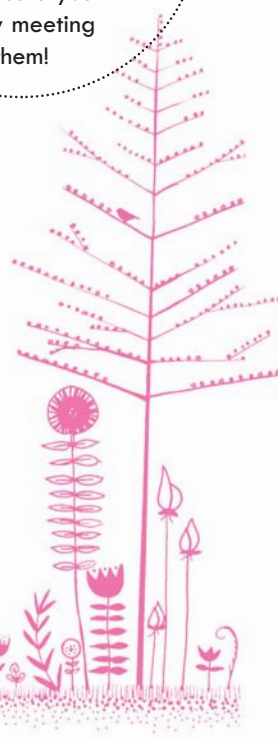
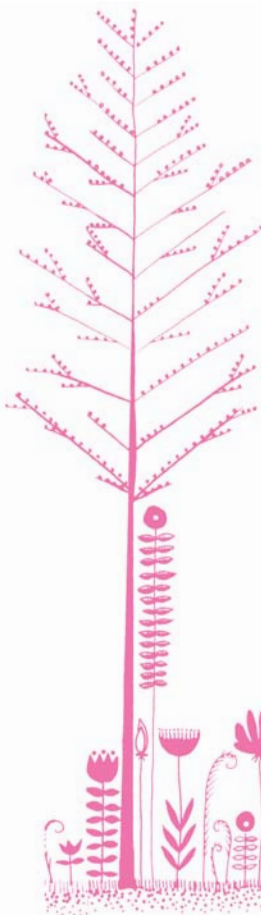
1:30 to 3:00 Mary Jo Thorsheim of Norway Art is our favorite specialist in Norwegian art. She'll bring gorgeous art prints to sell and will speak at 2:00 on *A 2014 update on nationalism and symbols in Norwegian art: fascinating traditional and contemporary examples*.

3:00 to 4:00 Denise Logeland will present a coffee talk called *Norway's "Year of Miracles"*. 1814 is the year Norway had three kings and wrote a national constitution that is the world's second-oldest still in use. Find out what Syttende Mai is all about and how Norwegians are celebrating their bicentennial.

Norway House, Daughters of Norway, Sons of Norway, Mindekirken - our local Norwegian institutions are committed to preserving and celebrating our unique Nordic culture. We'll have info about them, and representatives of some, here all day.

Sale on many things Norwegian today - flags, kransekake pans, bunad blankets, and more!

For this special week, we have invited a few of our good friends to the store to share their skills and show their wares. We're sure you'll enjoy meeting them!



### Wednesday, May 7

#### Meet our Local Artists and Writers!

10:00 to 12:00 Meet Kim Gordon, artistic creator of a delightful new line of greeting cards. Why email when you can send such eye-catching cards for your messages!

11:00 to 1:00 Booksigning: Meet Holly Harden and Tim Trost, author and illustrator of the new cookbook *Good Food from Mrs. Sundberg's Kitchen*. This return to simple food and basic recipes will leave you hungry and hankering to cook! Tim will also have some of his note cards and framed pictures for sale.

1:00 to 2:00 Diane Noble will talk about the remarkable craftsmanship of the Sami people of northern Scandinavia. She has brought back exquisite things from this year's Jokkmokk Market for our store and will showcase the artists who created them.

2:00 to 5:00 Rosemaling demonstration by gold medalist Andrea Herkert of Wisconsin. We are honored to carry her exquisite work.

2:00 to 5:00 Booksigning: Meet Connie Szarke, finalist for the Midwest Book Awards 2012, with her novels *Delicate Armor* and *A Stone for Amer*.

Sample a yummy heart-shaped waffle,  
2:00 to 4:00

### Thursday, May 8

#### Common Threads - Hand Crafts and Needle Arts

Demonstrations all day – learn a craft, be inspired to take a class!

9:00-12:00 Rosemaling, the Norwegian folk art, with gold medalist Andrea Herkert of Wisconsin.

10:00-12:00 Stitching a Singlade Ball, a traditional Danish toy, with Kate Sterner

10:00 to 12:00 - Nålbinding, a single-needle knitting technique, with Renata Fosset.

11:00 to 1:00 - Hardanger embroidery with Laurie Olson Williams.

1:00 to 3:00 Huck ("Swedish") weaving, an intriguing yet simple craft, with Katherine Kennedy. She'll have a nice selection of her huck weaving kits for sale.

1:00 to 4:00 Rosemaling with local artist Rosann Jorde.

2:00 to 4:00 - Lace knitting with Denise Logeland.

Sample Chocolate Sticky Cake – yum!

### Friday, May 9 Birds and Bees

9:00 to 12:00 Jim Ayers will demonstrate the intriguing old world art of carving birds with intricately fanned feathers, and will have some birds to sell.

11:00 to 12:00 Beekeeper and candlemaker Margarete Lucht invites you to learn more about the buzzy little creature that has been making lives sweet for eons: 100 million years to be exact.

Bees have been around longer than the dinosaurs and have maintained a stable democratic government all that time. Margarete's fun facts will leave you bee-guiled!

12:00 to 2:00 Beeswax candle-making demonstration and sale.

All day - we'll have an inspiring collection of information about bees, the current crisis they are in, and things you can do to help.

Learn about bee-friendly plants, bee houses, the local honey movement, and more!

Sample honey-inspired treats, including Pearson's Bit-O-Honey!

### Saturday, May 10 A Day for Kids - and Kids at Heart

10:00 to 12:00 Make a Viking shield!  
Children can decorate a cardboard Viking shield to take with them on their adventures.

All Day Happy 100th Birthday Tove Jansson!  
The Finnish author of the wonderful world of Moomintrolls has delighted kids of all ages since the 1940's. We'll have a display of (and sale on) the many Moomin books and other products. Have a piece of Moomin cake, served at noon!

10:00 to 2:00 Walter Gritner, a 95 year old local carver, will demonstrate his fine skill at chip carving.

10:00 to 4:00 Meet Debbie Gustafson and see the lovely bunads and costumes that she makes for 18" dolls. With her expert attention to detail, these costumes will be treasured for generations.

2:00 to 5:00 Catherine Tornabene treats us to a taste of Coggies Cookies, her "made in Minnesota" product, an easy and versatile cookie mix.

Delicious lefse dogs served from 12:00 to 1:00

We've invited a few of our good friends to the store to share their skills and show their wares. Our website features a good sampling of their talents! [ingebretsens.com](http://ingebretsens.com)

# Ingebretsen's Annual Spring Sale!

## **NORDIC JEWELRY**

Just in time for Mother's Day and graduations,

## **WOOL SWEATERS**

A special selection from Norway and Estonia

## **DALA RUGS**

a special selection of these popular, long-lasting vinyl rugs from Sweden

## **LACE CURTAINS**

A favorite Scandinavian window treatment, ready-made or by the yard

## **PILLOWS**

a colorful and cozy way to spruce up your décor!

**Create!**  
**ALL NEEDLEWORK**  
kits, fabric, supplies, books

**KNITTING YARNS**  
from Norway, Sweden, and Iceland

**Scandinavian CDS & BOOKS**  
a special selection

**NORDIC CRYSTAL**  
a beautiful selection from Sweden

**DINNERWARE**  
from Norway and Finland



*Special Prices Throughout the Store -  
15 to 50 % off*

*Saturday May 3 through  
Saturday May 10, 2014*

Check our website for event updates & more info... [ingebretsens.com](http://ingebretsens.com)

## Spring and Summer Events 2014

### **Employee's Flea Market**

Tuesday, May 20, Wednesday, May 21, Thursday, May 22 from 9:00 to 5:30

A market of vintage Scandinavian goods put on by about 14 of Ingebretsen's employees. What comes from their attics and closets may become your treasure. A very fun sale!



**Danish Day** June 1 at Danebo Center in Minneapolis Info at [danebo.org](http://danebo.org)

**Midsommer Swedish Festival** June 21 in Stockholm, Wisconsin Info at [stockholmwisconsin.com](http://stockholmwisconsin.com)

**SvenskarnasDag** June 22 at Minnehaha Park Info at [svenskarnasdag.com](http://svenskarnasdag.com)

**Norway Day** July 13 at Minnehaha Park

**Daughters of Norway Convention** July 17-19 in Bloomington Info at [daughtersofnorway.org](http://daughtersofnorway.org)

**Finn Fest** August 7-10 in Minneapolis Info at [finnfestusa2014.org](http://finnfestusa2014.org)

Main 612 729 9333

Meats 612 729 9331

Toll Free 800 279 9333

[ingebretsens.com](http://ingebretsens.com)