



MARKET FOODS

1601 East Lake Street, Minneapolis, MN 55407

Meats: 612-729-9331 Gifts: 612-729-9333

At home on East Lake Street Since 1921

STORE HOURS: M thru F 9am to 5:30pm

Saturday 9am to 5pm

HOUSE MADE SPECIALTIES PREPARED IN STORE

Smoked Bacon	Smoked Whitefish
Pickled Herring	Spekekjøtt
Lamb Loaf	Cream Gravy
Smoked Ham	Swedish Sausage
Liver Pate	Pinnekjøtt*
Turkey Loaf	Rommegrot
Home Smoked Hams*	Norsk Medister Polse
Pressed Sylte*	Dried Mutton Sausage
Ham Loaf	Almond Creme
Lenae's Meat Loaf	Danish Medister Polse
Jul Skinke (sweet pickled)*	Lamb Roll (rulle polse)
Pan Sylte	Stirred Lingonberries
Luncheon Meats	Medister Dag
Smoked Ham Shanks	Blood Sausage*
Dried Beef	Rice Pudding
Pickled Beets	Frickadilla
Smoked Salmon	Salted Pigs Feet
Pultost	Fruit Soup
Swedish Brown Beans	Pork Sausages
	Brats
	*SEASONAL

PARTIAL LISTING OF OUR SCANDINAVIAN DELICACIES

Goat cheeses	Mustards
Fresh torsk (cod)	Glogg spices
Norsk sauerkraut	Norvegia
Multer (hjortron)	Herring (a big variety)
Nokkelost	Mayonnaise
Dried salt cod	Jul glogg
Red cabbage	Vasterbotten
Lingonberries	Anchovies (a variety)
Gammelost	Flat breads
Dried lutefisk	Safts
Pickled beets	Fenn-usto
Berry preserves	Anchovy paste
Danish Tilsit cheese	Pumpernickel
Frozen Lutefisk	Mineral water
Yellow peas	Fish balls
Fruit soup mix	Sardines (a variety)
Jarlbergost	Lefse
Fresh lutefisk*	Vanilla sugar
Brown beans	Fish cakes
Chocolates	Salami
Danish Blue cheese	Dried lefse
Pickled herring	Pearl sugar
Dried soup mixes	Cod roe
Candies	Goteborg sausage
Danish Havarti	Knackebrod
Kippered herring	Almond paste
Pancake and cake mixes	Caviars
Cough drops	Potato flour
Bondost	Crisp breads
Salt herring	Marzipan
Vinegar	Fresh oysters*
Coffees	Potato dumpling mix
Primost	Arrak Punsch
Salt herring fillets	Smoked salmon
	Saetre kjeks
	'SEASONAL

**Our selection changes daily
& seasonally-give us a call
if you have questions!**